

HEALTH-FAST

Helping Everyone Achieve a LifeTime of Health

Future Addiction Scientist Training

The HEALTH-FAST Program is designed to position trainees to develop the attitudes, knowledge, and skills to conduct research on reducing health disparities associated with alcohol, tobacco, and other drug (ATOD) use. The purpose of the program is to build capacity for independent research in careers in the substance abuse sciences that specifically focus on the disproportionate burden of use and addiction in ethnic and racially minoritized populations that subsequently confer disparities in chronic diseases. The HEALTH-FAST Program is recruiting trainees who have committed to, or who are enrolled in, a full-time doctoral degree program at UH and who are committed to ATOD science with the common mission of advancing health equity.

LETTER OF RECOMMENDATION

Applicant Information:

First Name:	Last Name:	Degree Program:	Year in Program:

Major Professor/Advisor Information:

First Name:	Last Name:	Department:	Rank:

Email Address:	Phone Number:

Basis for Evaluation:

Relationship to the applicant?	How long have you known the applicant?

Is the applicant in good academic standing?

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Can the applicant conduct ATOD research in your – or another faculty member’s – lab?

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Please confirm that the applicant is eligible to participate in 9-month (September – May) research assistantship program for 20 hours/week?

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Please confirm that the applicant has at least 2 years of doctoral programming left in their degree plan as of fall 2023?

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Please rate the applicant’s potential in comparison to others you have mentored at similar stages in their career:

	Top 5%	Top 15%	Top 25%	Top 50%	Bottom 50%	Unknown
Critical Thinking Skills						
Interest in Addictions						
Maturity						
Oral Communication Skills						
Passion for Research						
Professionalism						
Time Management Skills						
Writing Skills						



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UHealthFast



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Overall Recommendation:

Highly Recommend	Moderately Recommend	Slightly Recommend	Do Not Recommend

Please provide your overall assessment of the applicant’s fit to participate in a time-intensive research education program that focuses on advancing research careers in alcohol, tobacco, and other drug (ATOD) use with an emphasis on linkages to chronic diseases and health disparities (500-word max):

Signature

Date